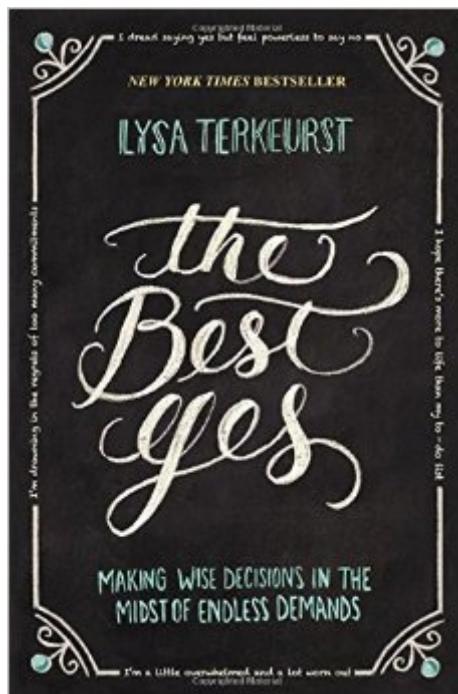


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# The Best Yes: Making Wise Decisions In The Midst Of Endless Demands



## **Synopsis**

Are you living with the stress of an overwhelmed schedule and aching with the sadness of an underwhelmed soul? Lysa TerKeurst is learning that there is a big difference between saying yes to everyone and saying yes to God. In *The Best Yes* she will help you: Cure the disease to please with a biblical understanding of the command to love. Escape the guilt of disappointing others by learning the secret of the small no. Overcome the agony of hard choices by embracing a wisdom based decision-making process. Rise above the rush of endless demands and discover your best yes today.

## **Book Information**

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Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (870 customer reviews)

Best Sellers Rank: #782 in Books (See Top 100 in Books) #12 in Books > Christian Books & Bibles > Christian Living > Women's Issues #215 in Books > Religion & Spirituality

## **Customer Reviews**

This is my fourth Lysa TerKeurst book. At this point, I am not sure why I keep purchasing her books other than that I participate with the Proverbs 31 online Bible studies which promotes each of her books. I thoroughly enjoyed *Made to Crave* which offered new insights on my need to fill myself up whether it be food, acceptance, stuff or other areas. Her other books (e.g., *Unglued*, *Becoming More than a Good Bible Study Girl*) have fallen flat with me. Her world and my world don't really gel and her stories, while quite interesting and often funny, are about things that are irrelevant or trivial in my world. To me they are all fluff rather than the hard, nitty gritty aspects most women are experiencing. I thought *Unglued* would really get at that but it didn't do it for me....at all. For example, an argument with her husband over towels or her daughter over making a meal selection at the drive through totally get her adrenaline going...small stuff. Yes, those are issues we all deal with but not earth shattering. What about women struggling to pay a bill or get a scholarship or loan for their child's education, women arguing with their spouses over being a caregiver to a parent or

loved one on top of caring for their families while working....real life stuff? So far, this book has been the usual Lysa centered discussion. She starts out with a scatter brained but funny story of forgetting she is to bring dessert to a Christmas party while her husband is asking if their family can help donate to a fund for one of his employees who suddenly lost their child. Lysa is adamant about focusing on her issue of the Christmas dessert instead of pausing for a moment and listening to her husband.

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